



## Effect of Beverage Solutions on Surface Roughness of PEEK CAD –CAM, 3D Printing Denture Base and Heat Cure Acrylic Resin Denture Base Materials

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### Abstract

**The Aim:** The aim of this research was to investigate how distilled water, tea, coffee, and cola affected the surface roughness of poly ether ether ketone CAD-CAM, 3D printing, and heat cure acrylic resin denture bases at specific intervals (6, 12 days). **Materials and Methods:** Disk shape 10 mm (diameter) × 2 mm (thickness), manufactured from materials used which were PEEK, 3D printing and heat cure acrylic resin. Total number of samples are n= (75) samples, control samples not immersed in beverage media n= 15, experimental samples immersed in beverage solutions (distilled water, tea, coffee and cola) n=60 for evaluating the surface roughness at (6, 12 and 24 days). Then all collecting data were statically analyzed by spss version 25, by means of descriptive statistics, analysis of variance (ANOVA) and duncan multiple range tests at  $p \leq 0.05$ . **The Results:** The results revealed a significant increase in surface roughness in all beverage solutions at  $p \leq 0.05$ . **Conclusions:** All beverage solutions had a negative effect on surface roughness of all experimental materials, the surface roughness increased. cola had the most aggressive effect followed by coffee then tea and distilled water have the least effect.

## Introduction:

The appearance of aging and material degradation are common causes of the need to replace dentures <sup>(1)</sup>. The extreme intraoral environment has an impact on the performance and longevity of denture prosthesis. Denture wearers frequently consume beverages, and their saliva's pH changes from acidic to alkaline <sup>(2)</sup>. Because of its low cost, ease of handling and manipulation, good physical and mechanical properties, and suitable esthetic appearance, polymethylmethacrylate (PMMA) resin material has been the "gold standard" for making traditional complete dentures <sup>(3)</sup>. With the advancement of digital technology, new CAD-CAM-based material processing processes for dentistry, such as subtractive milling (SM) and additive manufacturing (AM), have emerged <sup>(4)</sup>. The advantage of constructing denture bases digitally is the ability to create dentures in less time and with fewer processing stages <sup>(5)</sup>. Additive 3D printing has been found to offer several advantages over subtractive milling, including the ability to build intricate forms, being less expensive due to less material waste, and not exhibiting rotary burr wear <sup>(6)</sup>. When used as the primary material for dentures, PMMA is known to have several limitations, most notably in terms of mechanical properties. PEEK has been introduced to circumvent the limitations of PMMA <sup>(7)</sup>. PEEK exhibits excellent mechanical properties as well as excellent biocompatibility <sup>(8)</sup>. The surface properties of any denture base material are of special relevance, as investigations of denture base materials have demonstrated a clear correlation between surface roughness, plaque accumulation and *Candida albicans* adherence <sup>(9, 10)</sup>. *Candida* species have been observed to be more common in denture-related stomatitis <sup>(11, 12)</sup>.

## Materials and Methods:

### Experimental Design of this Research

Control samples not immersed, experimental samples immersed in beverage solutions (distilled water, tea,

coffee, cola), at different intervals (6, 12 and 24 days).

### Samples Processing Techniques

In this investigation, surface roughness tests were carried out using discs with dimensions of 10 mm (diameter) and 2 mm (thickness) <sup>(13)</sup>, as shown in Fig (1).

### PEEK Samples Processing

Samples of PEEK had been digitally designed using CAD software (SolidWorks, Korea), then kept in (STL) file, and then transferred to exocad dental CAD/CAM (MAXX milling machine, dry-milling, 5 axes, Korea), as shown in Fig. (2). For milling PEEK blank (Dental Direk, Germany) according to the manufacturer's instructions.

### 3D Printing Samples Processing.

The same STL file format of PEEK CAD-CAM utilized for 3D printing sample. The (STL) file was sent to 3D printing machine (3D printing Asiga Max Machine, Australia). A 50-micrometer layer thickness was chosen for printing the samples, at 0 angle orientation with supporting structures <sup>(3)</sup>. The 3D printing (Mack 4D Denture, Germany) had been utilized for fabricated samples printed in 385 nm wavelength, with direct light processing (DLP). Then the printed samples were cleaned 2x 3 min in with isopropyl alcohol (99.9%) (Essentq, Spain) in ultrasonic Bath (Acuretta, Taiwan), to remove the excess resin. After complete drying, the specimens were polymerized in post polymerized unit (UV pre post curing machine, Taiwan) for 18 min at 405 wave length, according to manufacturer's instructions.

### Heat Cure Acrylic Resin Samples Processing

The compression mold technique was used to create specimens that simulated laboratory techniques for the manufacturing of denture bases. The wax specimens were made to a specific size. These wax patterns were inserted in dental stone of type IV (Elite®, Italy) in metallic flasks (Ash, England). After that de-waxing processing prepared <sup>(3)</sup>. The heat polymerized acrylic (Veracril®/Opti-

Cryl®, New Stetic S.A.) had been utilized, mixed in a 3:1 volumetric proportion with methyl methacrylate (MMA) monomer. The compounds were allowed to stand for 10 minutes, which is the time required to pass the plastic stage according to the product's specifications. It was then put in mechanical pressing molds to make test samples. The molds were pressed to 2000 psi by a laboratory hydraulic press for 5 minutes before being transferred to a thermal reservoir and subjected to a heating curve of 73°C for 90 minutes, followed by a curve of 95°C for 30 minutes before being removed from the reservoir and placed outside for cooling<sup>(14)</sup>. All specimens had one surface finished and polished to behave like a polishing surface and another surface that appeared like tissue surfaces. All finishing and polishing techniques were carried out by a single trained operator<sup>(15)</sup>. By utilizing silicon carbide polishing (paper water proof, Greece), and universal polishing machine (universal polisher, Spectrographic Ltd. Metaserv, England), under running water, then the specimens were fined. Polishing was achieved with a muslin cloth brush, polishing paste (Universal polishing paste, Ivoclar vivadent, Germany) and polishing machine<sup>(16, 17)</sup>, after that all of samples kept in distilled water at 37C for 24 hours According to ISO 20795-1:2013.

#### **Beverage Solutions Preparations**

Cola premade (Coke®, Iraq), Distilled water premade (Iraq)

Coffee (Mahmood® Coffee Classic Brazilian, Turkey) and tea (Cihan Tea, Sirilanka) prepared by dissolving 2 g of coffee and tea in 200 ml of distilled boiling water for 2 min<sup>(15)</sup>. The coffee and tea solutions were then stirred for 10min until the temperature of the solution reached 37°C and the mixture was then run through filter paper to remove any particle remains<sup>(18)</sup>.

#### **Immersion Periods Protocol**

According to (Guler *et al.*, 2005)<sup>(19)</sup> who stated that the average time to spent drinking one cup of a drink is 15 minutes, whereas the average coffee intake among coffee drinkers is 3.2 cups per day. As a

result, keeping the drink for 24 hours was equivalent to consuming it over a month. Six days imitate the utilization of the beverage over a six-month period<sup>(15)</sup>. 12 days of beverage consume in over of a year<sup>(20)</sup>. Beverage intake for 24 days promotes over 2-years<sup>(21)</sup>.

Each experimental specimen was suspended and immersed in the solutions by threads, ensuring that it did not come into contact with the container or other specimens, and at the end, a label indicating that the specimen's codes were present. All containers were labeled with the type of solution and kept in (37°C) incubator (INB EN, JRAD, Syria), to simulate the oral environment, which was refreshed daily<sup>(15)</sup>.

#### **PH of Beverage Solutions**

The pH level of the solutions was measured by pH meter (eco test PH2, China) for indicated the PH value of beverage media ( Distilled Water 7, Tea 4.8, Coffee 4.2, Cola 2.3).

#### **Surface Roughness Test.**

The surface roughness was measured using the talysurf 10 roughness tester (Taylor Hobson Ltd, UK), as shown in Fig.(3). Which could detected minutest surface alterations by altering a diamond stylus in contact with the surface while altering laterally across the sample. The surface roughness rate was calculated as the mathematical average of the absolute rates of the searched profile height of surface imperfections, measured from a mean line within a predetermined sample length. The vertical movement of the stylus was measured as the surface variations. The radius of stylus tip was 2.5µm with a scan length range of 0.8mm<sup>(22)</sup>.

### **Results:**

#### **Surface Roughness of PEEK Denture Base**

The outcomes for the effect of beverage media on the surface roughness of PEEK denture base mean and stander deviation Table (1) the surface roughness of PEEK denture base increased in all beverage

solutions types, with cola having the greatest surface roughness value as compared to the control group.

One-way analysis of variance (ANOVA) Table (2) showed that all beverage solution types had a statistically significant impact on the surface roughness of the PEEK denture base (at  $p \leq 0.05$ ).

Duncan's Multiple comparison Test table (1) showed that of all beverage solutions significantly increased the surface roughness of PEEK denture base (at  $p \leq 0.05$ ).

### **Surface Roughness of 3D Printing Denture Base**

The outcomes for the effect of beverage media on the surface roughness of 3D printing denture base, mean and standard deviation Table (3) noticed that all beverage solutions types elevated the surface roughness of 3D printing, with cola having a higher value than the control group.

One-way analysis of variance (ANOVA) Table (4) revealed that whole beverage solutions has a statistically significant influence on the surface roughness of 3D printed denture base (at  $p \leq 0.05$ ).

Duncan's Multiple comparison Test Table (3) shown that all types of beverage solutions significantly increased the surface roughness of 3D printing denture base (at  $p \leq 0.05$ ).

### **Surface Roughness of Heat Cure Acrylic Resin Denture Base**

The outcomes for the effect of beverage media on the surface roughness of heat cure acrylic denture base, mean and standard deviation Table (5) demonstrated that all beverage solutions raised the surface roughness of heat cure acrylic, with cola achieving the highest levels in comparison to the control group.

One-way analysis of variance (ANOVA) Table (6) revealed that whole beverage solutions showed a statistically significant impact on the surface roughness of heat cure acrylic denture base (at  $p \leq 0.05$ ).

Duncan's Multiple comparison Test Table (5) demonstrated that the effect of all forms of beverage solutions significantly roughened the surface

roughness of heat cure acrylic denture base (at  $p \leq 0.05$ ).

## **Discussion:**

The denture base is in close contact with oral cavity tissues, and the denture base's poor surface structure encourages the growth of microorganisms<sup>(23)</sup>.

### **PEEK Denture Base**

The outcomes owing to the fact that PEEK has a high degree of nanoscale surface characteristics, including a higher nano-rough surface topography, which significantly increases surface area and shows the new chemical composition. As a result, the PEEK group had the highest surface roughness before and after solution treatment<sup>(16)</sup>. This results was in agreement with study of Chaijareenont et al. (2018)<sup>(24)</sup> who illustrated that PEEK surface roughness and irregularity had been increased when concentrations of sulfuric acid increased. Due to PEEK possesses chemical connections that degrade when the pH is changed, and under acidic conditions, hydrolyze quickly to the corresponding carbonyl molecule (aldehyde and ketone) and alcohol<sup>(25)</sup>.

### **3D Printing Denture Base**

The outcomes attributed to water sorption causes water to penetrate into the matrix of a 3D printing polymer structure<sup>(26)</sup>. This results was agreed with Radwan (2021)<sup>(27)</sup>; Gad et al. (2022)<sup>(28)</sup>. Acidic pH and beverage pigments such as coffee, tea, lemon juice, orange juice, red wine, and coke-based drinks have been shown to have a negative impact on acrylic resin dentures, resulting in increased surface roughness<sup>(29)</sup>. Which could be attributed to alterations in the properties of the polymeric materials, softening caused by leaching of the some components that contributing to the formation of a rough surface<sup>(30)</sup>.

### **Heat Cure Acrylic Resin Denture Base**

The results confirming to the truth that acrylic resin possess a polar ester group (COOH). Polar substances are hydrophilic, that means they absorb fluids quickly<sup>(31)</sup>. In addition, Surface disintegration of

polymers in an acidic environment, resulting in a rougher surface <sup>(32)</sup>. Because of their acid content, the aging impact of heat-cured acrylic resin in tea and coffee beverages with moderate acidity resulted in increased surface roughness in heat-cured acrylic <sup>(33)</sup>. Coca-Cola possess a low PH because it includes phosphoric acid which might to be as a causal factor because it acts as a plasticizer and produces alterations in surface roughness <sup>(34)</sup>. Moreover, the explanation for the small surface change of acrylic resin denture base is the neutral PH level of distilled water <sup>(15)</sup>.

### Conclusion:

All tested materials negatively affected by beverage solutions. Cola had the highest roughness affect followed by coffee followed by tea followed by distilled water which had the lest effect on surface roughness of tested materials.



Figure (1): Shape and dimensions disc of surface roughness sample of all tested materials



Figure(2): PEEK blank in milling machine



Figure(3): Talysurf 10 Roughness Tester

Table (1): Mean, standard deviation and duncan test for the effect of beverage media on the surface roughness of PEEK denture base

Beverage Media	Immersion periods	Mean ( $\mu\text{m}$ )	$\pm$ Std. Deviation	Duncan
<b>Control</b>	<b>Non- immersed</b>	.5100	.07416	<b>A</b>
<b>DW</b>	6-months	.5940	.06189	<b>B</b>
	1-year	.6880	.04658	<b>C</b>
	2-years	.7720	.04868	<b>D</b>
<b>Tea</b>	6-months	.6760	.05244	<b>B</b>
	1-year	.7980	.12814	<b>C</b>
	2-years	.9300	.02828	<b>D</b>
<b>Coffee</b>	6-months	.6800	.06066	<b>B</b>
	1-year	.8180	.03899	<b>C</b>
	2-years	.9540	.02702	<b>D</b>
<b>Cola</b>	6-months	.7580	.03768	<b>B</b>
	1-year	.9180	.04764	<b>C</b>
	2-years	1.3440	.15726	<b>D</b>

Table (2): One-way analysis of variance(ANOVA) for the effect of beverage media on the surface roughness of PEEK denture base

Beverage Media	Immersion periods	Sum of squares		Df	Mean square	F-ratio	p-value
D.W	0-time	Between Groups	.194	3	.065	18.621	.000
	6months	Within Groups	.055	16	.003		
	1-year	Total	.249	19			
	2-years						
Tea	0-time	Between Groups	.480	3	.160	24.225	.000
	6months	Within Groups	.106	16	.007		
	1-year	Total	.585	19			
	2-years						
Coffee	0-time	Between Groups	.542	3	.181	68.812	.000
	6months	Within Groups	.042	16	.003		
	1-year	Total	.584	19			
	2-years						
Cola	0-time	Between Groups	1.842	3	.614	72.425	.000
	6months	Within Groups	.136	16	.008		
	1-year	Total	1.978	19			
	2-years						

Table (3): Mean, standard deviation and duncan test for the effect of beverage media on the surface roughness of 3D printing denture base

Beverage Media	Immersion Period	Mean( $\mu$ m)	$\pm$ Std. Deviation	Duncan
<b>Control</b>	<b>Non - immersed</b>	.4220	.04550	<b>A</b>
<b>D.W.</b>	6-Months	.4980	.04207	<b>B</b>
	1-Year	.6060	.07057	<b>C</b>
	2-Years	.7200	.06042	<b>D</b>
<b>Coffee</b>	6-Months	.6280	.04604	<b>B</b>
	1-Year	.7360	.05550	<b>C</b>
	2-Years	.8540	.06580	<b>D</b>
<b>Tea</b>	6-Months	.6340	.04722	<b>B</b>
	1-Year	.7320	.04438	<b>C</b>
	2-Years	.8620	.06181	<b>D</b>
<b>Cola</b>	6-Months	.7280	.06140	<b>B</b>
	1-Year	.8560	.04827	<b>C</b>
	2-Years	1.0080	.06979	<b>D</b>

Table(4): One-way analysis of variance(ANOVA) for the effect of Beverage media on the surface roughness of 3D Printing Denture Base

Beverage Media	Immersion periods	Sum of squares		Df	Mean square	F-ratio	p-value
D.W	0-time	Between Groups	.253	3	.084	27.049	.000
	6months	Within Groups	.050	16	.003		
	1-year	Total	.303	19			
	2-years						
Tea	0-time	Between Groups	.516	3		94.999	.000
	6months	Within Groups	.040	16			
	1-year	Total	.557	19			
	2-years						
Coffee	0-time	Between Groups	.505	3	.168	58.092	.000
	6months	Within Groups	.046	16	.003		
	1-year	Total	.552	19			
	2-years						
Cola	0-time	Between Groups	.929	3	.310	94.999	.000
	6months	Within Groups	.052	16	.003		
	1-year	Total	.981	19			
	2-years						

Table(5): Mean, standard deviation and duncan test for the effect of beverage media on the surface roughness of heat cure acrylic resin denture base

Beverage Media	Immersion Period	Mean( $\mu$ m)	$\pm$ Std. Deviation	Duncan
<b>Control</b>	<b>Non - immersed</b>	.3720	.05215	<b>A</b>
<b>D.W.</b>	6-Months	.4640	.07537	<b>B</b>
	1-Year	.5720	.07563	<b>C</b>
	2-Years	.6680	.05263	<b>D</b>
<b>Tea</b>	6-Months	.5720	.06535	<b>B</b>
	1-Year	.6860	.09839	<b>C</b>
	2-Years	.8120	.05541	<b>D</b>
<b>Coffee</b>	6-Months	.5860	.07127	<b>B</b>
	1-Year	.6900	.06042	<b>C</b>
	2-Years	.8220	.02490	<b>D</b>
<b>Cola</b>	6-Months	.6720	.05263	<b>B</b>
	1-Year	.7960	.05595	<b>C</b>
	2-Years	.9320	.02588	<b>D</b>



Table(6): One-way analysis of variance(ANOVA) for the effect of Beverage media on the surface roughness of heat cure acrylic resin denture base

Beverage Media	Immersion periods	Sum of squares		Df	Mean square	F-ratio	p-value
D.W	0-time	Between Groups	.248	3	.083	19.595	.000
	6months	Within Groups	.068	16	.004		
	1-year	Total	.316	19			
	2-years						
Tea	0-time	Between Groups	.542	3	.181	59.839	.000
	6months	Within Groups	.048	16	.003		
	1-year	Total	.590	19			
	2-years						
Coffee	0-time	Between Groups	.547	3	.182	64.753	.000
	6months	Within Groups	.045	16	.003		
	1-year	Total	.592	19			
	2-years						
Cola	0-time	Between Groups	.856	3	.285	122.865	.000
	6months	Within Groups	.037	16	.002		
	1-year	Total	.893	19			
	2-years						

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